

Getting Work Through Volunteering



Volunteer *Centres*

North Yorkshire



Volunteer *Centre*

York

What is volunteering?

Volunteering is where you give time to help your local community, for free. People volunteer because they want to, not because they have to.

Volunteering gives you something to do and can help you to get a job. It can also help you to feel better about yourself, can get you involved in new things, and increase your confidence. At the same time you also do something worthwhile to help your local community.

For many people volunteering can lead to paid work, as you find out about jobs and meet potential employers. It can also be useful for your CV and for providing current references.

Why Volunteer?

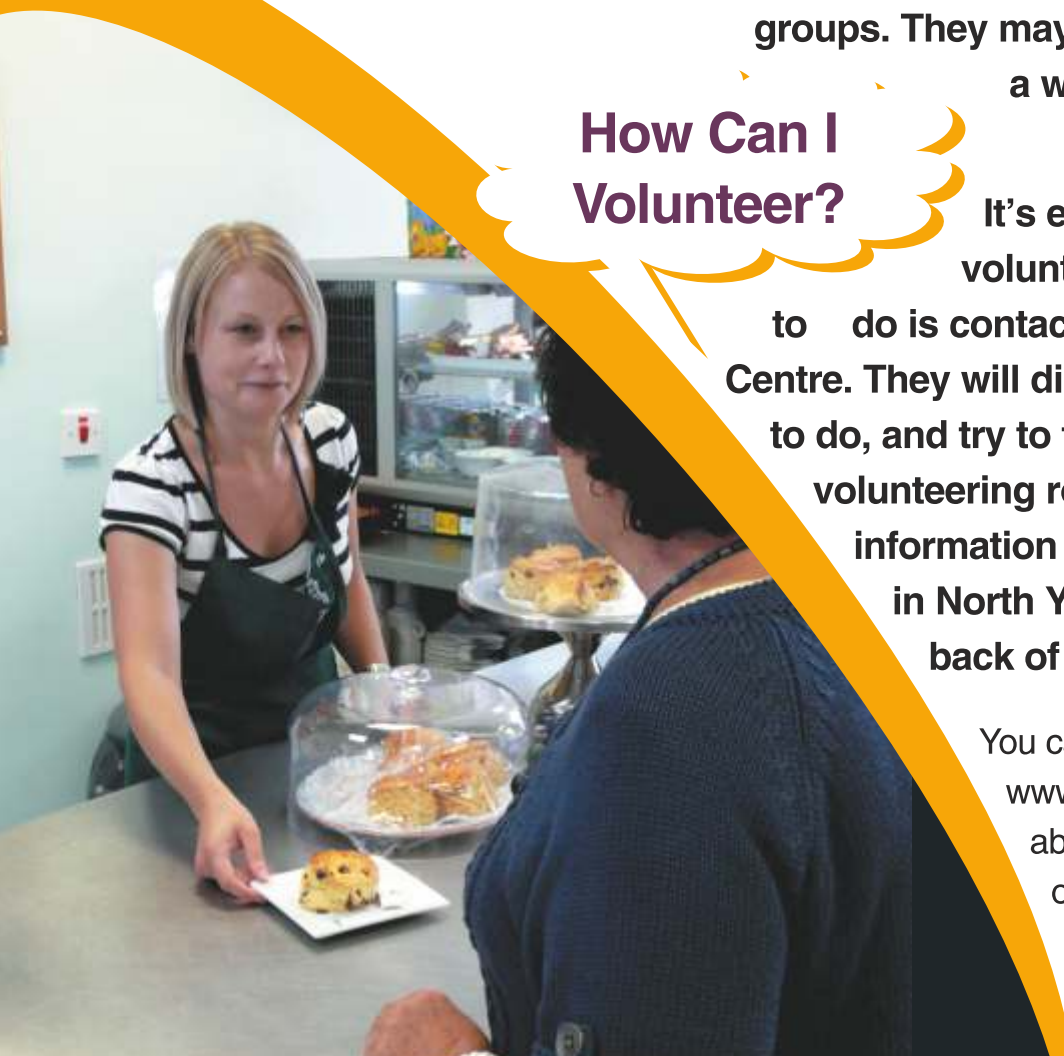
What Can I Do?

Volunteers are involved in many types of organisations carrying out a variety of activities, such as hospitals, schools, youth services, on nature reserves, in offices, local business and community groups. They may volunteer for an hour a week or do it every day.

How Can I Volunteer?

It's easy to get into volunteering. All you need to do is contact your local Volunteer Centre. They will discuss what you want to do, and try to find the right volunteering role for you. Contact information for Volunteer Centres in North Yorkshire is on the back of this leaflet.

You can also check out www.do-it.org.uk to find out about volunteering opportunities in your area.





Through Richmondshire Volunteer Centre, Stephen started volunteering for adult and community services in Richmond

working with people with learning disabilities, with a view of finding a new career. He soon gained paid work as a result, first relief work, then a part time contract. He got more work with “Just The Job Environmental Enterprises”, a horticultural project based in Catterick Garrison, which helps people with disabilities develop work skills.

Volunteer Centres

Volunteer Centres help and support people who want to volunteer and put them in touch with organisations who are looking for volunteers. Their services are free.

If you are claiming benefits you will need to inform your Job Centre that you are volunteering. Volunteering should not affect your benefits as long as you remain available for work.

There is no limit to the amount or type of volunteering you do. Your local Volunteer Centre can provide more information on volunteering while you are on benefits.

Will Volunteering Affect My Benefits?

Can I Afford To Volunteer?

You should not end up out of pocket through volunteering. Many organisations will cover your travelling expenses and this will not affect your benefits. Volunteer Centres can also help you to find volunteering opportunities near to where you live.



Visit our new website at www.volunteeringnorthyorks.org.uk
for more information on volunteering and your local Volunteer Centre.



Coast & Moors Volunteer Centre Scarborough & Whitby

Allatt House, 5 West Parade Road,
SCARBOROUGH, North Yorkshire YO12 5ED
Tel: 01723 383 454

Church House, Flowergate,
WHITBY, North Yorkshire YO21 3BA
Tel: 01947 605 256

Email: volunteercentre@coastandmoors.org
Website: www.coastandmoors.org
Open: Mon, Tues, Thurs 9.30-2.30pm (Scarborough)
Weds 9.30am-1.00 pm (Whitby)



Volunteer Centre Bedale (Volunteering Hambleton)

Bedale Hall, BEDALE, North Yorkshire DL8 1AA
Tel: 01677 425 329

Email: bedalevb@freenet.co.uk
Website: www.volunteeringnorthyorks.org.uk
Open: M-Th: 9.00-1.30



Volunteer Centre Craven

33 Coach Street, SKIPTON, North Yorkshire BD23 1LQ
Tel: 01756 701 648

Email: info@cravenvb.co.uk
Website: www.cravenvb.org.uk
Open: M-Th: 9.30-1.00 (afternoon by appt.)



Volunteer Centre Easingwold (Volunteering Hambleton)

Police House, Church Hill, Easingwold,
YORK, North Yorkshire YO61 3JX
Tel: 01347 822 875

Email: helenedcca@btconnect.com
Website: www.edcca.org.uk
Open: M-F: 10.00-1.00



Volunteer Centre Harrogate & Area

Community House, 46-50 East Parade,
HARROGATE, North Yorkshire HG1 5RR
Tel: 01423 509 004

Email: volunteer@harrogate.org
Website: www.harrogate.org/volunteering
Open: M, T, Th: 9.00-4.00



Volunteer Centre Northallerton (Volunteering Hambleton)

Community House, 10 South Parade,
NORTHALLERTON, North Yorkshire DL7 8SE
Tel: 01609 780 458

Email: volunteer.centre@ndvsa.co.uk
Website: www.volunteercentrenorthallerton.co.uk
Open: M & W: 10.00-3.00



Volunteer Centre Thirsk (Volunteering Hambleton)

14a Market Place, THIRSK, North Yorkshire YO7 1LB
Tel: 01845 523 115

Email: sally.billany@tscca.org.uk
Website: www.tscca.org.uk
Open: T & Th: 9.30-1.30



York Volunteer Centre (York CVS)

Priory Street Centre, 15 Priory Street,
YORK, North Yorkshire YO1 6ET
Tel: 01904 621 133

Email: volunteer@yorkcvs.org.uk
Website: www.yorkcvs.org.uk
Open: M-Th: 9.00-5.00, F: 9.00-4.30



Volunteer Centre Ryedale

Ryedale Community House, Wentworth Street,
MALTON, North Yorkshire YO17 7BN
Tel: 01653 600 120

Email: post@rva-cvs.org.uk
Website: www.ryedaleva.org.uk
Open: Th & F 9.00-4.00



Volunteer Centre Richmondshire

6 Flints Terrace, RICHMOND, North Yorkshire DL10 7AH
Tel: 01748 822 335

Email: alison.rcvs@virgin.net
Website: www.volunteeringrichmondshire.org.uk
Open: M-Th: 9.00-1.00



Volunteer Centre Ripon

Community House, Ripon Community House, Sharow View,
Allhallowgate, RIPON, North Yorkshire HG4 1LE
Tel: 01765 603 631

Email: robyn@riponcvs.co.uk
Website: www.riponcvs.co.uk
Open: T-F: 9.30-4.30



Volunteer Centre Stokesley (Volunteering Hambleton)

Community Care Association, Town Close, North Road,
STOKESLEY, North Yorkshire TS9 5DH
Tel: 01642 710 085

Email: volunteercentre@stokesleycca.org.uk
Website: www.stokesleycca.org.uk
Open: T&F: 9.00-5.00



Selby District AVS

Community House, Portholme Road,
SELBY, North Yorkshire YO8 4QQ
Tel: 01757 291 111

Email: admin@selbyavs.org.uk
Website: www.selbyavs.org.uk
Open: M-Th 8.30-4.30 F 8.30-4.00

All Volunteer Centres can offer a confidential interview on request.